

# EYAK ECHO

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**Janice Schofield** (left) shares the benefits of using local wildflowers and herbs for edible and medicinal purposes. Twenty attended the weekend seminar here in Cordova..

*Weeds, willows and wontons*

## Seminar shows use of willows, weeds 'n wildflowers

By Altana Olsen, NVE Environmental Education

**Janice J. Schofield**, author of *Discovering Wild Plants — Alaska, Western Canada, The Northwest* (1989, Alaska Northwest Books), visited Cordova July 6-8 for her second time, sparking intense interest in local plants available to harvest for food and medicine.

Janice spent one evening and two days studying the local areas and teaching approximately 20 students about her plant knowledge. The class not only learned about what is edible in their backyard, but also about how to make delicious wontons, salad, wild rice, salmon pad Thai, spring rolls, and herbal teas. The class also made insect repellent, lotion for sore muscles, and lip balm.

On the last day, students' creativity was challenged: groups were instructed to create their own plant product. Sweet gale soap, rice with wild greens, angelica lotion, and floral bath blends were some of the green inventions. Janice sparked so much interest in her three-day visit that the participants are enthusiastically planning future harvesting field trips.

If you are interested in eating nutritious weeds, you can call Altana Olsen or Mary Babic at the NVE office, 424-7738 or e-mail: [aolsen@tribalnet.org](mailto:aolsen@tribalnet.org), [mbabic@tribalnet.org](mailto:mbabic@tribalnet.org). (See page five for related staff photos of the workshop luncheon and wildflowers in the Cordova area).

### Wild vs Cultivated

Notice the nutritional values of wild plants vs cultivated plants!

	<u><b>Fiddleheads</b></u>	<u><b>Asparagus</b></u>
Protein	3.2 grams	1.0 gram
Calcium	23 mg	18 mg
Vitamin A	1340 iu	700 iu
	<u><b>Salmonberries</b></u>	<u><b>Apple</b></u>
Protein	1 gram	trace
Calcium	14 mg	8 mg
Vitamin A	1550 iu	50 iu

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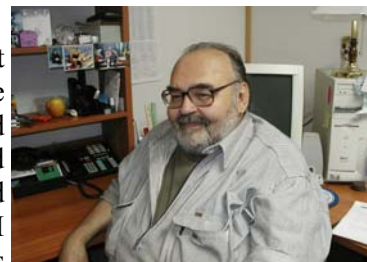
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### NVE welcomes the Sycamore

It was good to see the dedication of the Coast Guard Buoy Tender, "**Sycamore**" recently. The Coast Guard is a large part of our community and has been for many years. It was nice to be asked to be part of the welcoming. We have been asked to come up with a Native name for the ship. As I said at the dedication ceremony, "A ship like this deserves considerable thought and our Elders are working on it." A little known fact is that my father, Hollis Henrichs, came to Cordova as a member of the Coast Guard. Our community is made up of many former Coast Guardsmen.



By Bob Henrichs, NVE President

As I communicated to Admiral Barrett last September 12, the Native Village of Eyak is ready to help the Coast Guard with the security of Prince William Sound in any way. We need to work together to make sure there are no terrorist attacks and there is never another oil spill similar to the Exxon Valdez.



## Exercise your way to health

**By Monika Hopkins, CHR**

Contact Monika at Ilanka, 424-3622, or the NVE office 424-7738.

The Ilanka Health Center would like to help you get healthy. Exercise reduces stress. It increases weight loss. It strengthens your body and moves all that oxygen rich blood up to the brain to sharpen your mind. We hope to put into motion whatever it takes to get folks out doing it.

Incentive certainly makes exercise easier. Besides the great way you feel after exercise, other incentives we have put into the program include trips to Anchorage, gift certificates, boat rentals, lodge accommodations, flight seeing, swimming passes, ski passes, art work, and more.

If you are interested in weight loss to accompany your exercise program we will support you! We would like to work with you to develop a personalized program that is most likely get you to your desired weight. We can include techniques from Weight Watchers, Atkins, Macrobiotics, Blood Type dieting, Overeater's Anonymous, Christian weight loss programs such as Exodus and Low Down and others. Brenda Branch, a professional nutritionist, has volunteered to assist us with the program.

We have pedometers, inspirational reading materials, food diaries, exercise journals, individual and group support. We have progress charts at the clinic to help you keep track of your mileage and hours of exercise. Walking routes with designated mileage have been established. You can start with Marilyn's route which is just 1/8 mile. The Lake Avenue route is 1 mile. You can walk the Docks for 3 miles credit. There is a School route, Orca Cannery route, an Eyak River route, a Power Creek Road route, Ski Hill route and many more. Come on down to Ilanka and get Healthy with us!

## Here's a meeting for you to attend!

### Sobriety Planning Meeting

**August 1 (Thursday)**

**12:00 noon / Masonic Hall**

**Lunch will be served.**

Your involvement is encouraged in planning for this annual community event.

## Planning meetings begin for NVE Sobriety Celebration

The first planning meeting for the 9th Annual Sobriety Celebration & Memorial Potlatch was held at the Masonic Hall on July 5. Those in attendance represented citizens from the community, Cordova Family Resource Center and NVE staff.

Various topics on the agenda were discussed, including funding, speakers, promotional items, and community involvement.

**NVE has announced this year's 9th Annual Sobriety Celebration & Memorial Potlatch dates to be November 1-3 (Fri-Sun). Now would be the time to mark calendars for this important event.**

The next Sobriety Planning meeting is Aug. 1 (Thurs) at noon at the Masonic Hall. A lunch meeting is planned.

### In related developments:

## Tax hike to combat alcohol abuse

Noting it will raise funds to combat the costs of alcohol abuse in Alaska, Gov. Knowles has signed into law a measure (HB225) increasing Alaska's alcohol tax to about 10 cents a drink, the first in Alaska since 1983. The tax hike will raise an estimated \$20 million annually and becomes effective October 1.

Alcohol abuse costs the Alaska economy more than \$450 million a year in criminal justice and protective services, health care and public assistance, traffic accidents and lost productivity. During this year's legislative session, Knowles supported the alcohol tax increase as one of the elements in a sustainable budget plan.



## The 'eyes' have it!

ANMC Ophthalmologist

**Dr. Mark Hoss**

Alaska Opticians Optometrist

**Dr. Ben Ward**

will be in Cordova from

**August 26 thru 30th**

Those wanting an appointment must contact the Ilanka Health Center at 424-3622 now!



**Belen Cook**, Sound Alternatives/Mental Health Alcohol Clinic receptionist and case manager here in Cordova, has been appointed to the State Commission for Human Rights by Governor Tony Knowles. Cook also translates (English/Spanish and Spanish/English) for clients of Sound Alternatives and patients and staff of the Cordova Community Medical Center.

## CRWP's FishWatch defined

by Seawan Gehlbach NVE Environmental Planner. Reach Seawan at (907) 424-7738, or e-mail [seawan@tribalnet.org](mailto:seawan@tribalnet.org).

FishWatch is a water quality and human-use monitoring project organized by the Copper River Watershed Project (CRWP) with partners like the Native Village of Eyak throughout the watershed.

The Native Village of Eyak is a partner in this volunteer sampling program by conducting monthly water sampling of Eyak Lake and recording human use observed from our field camps. Other local sampling sites include Eyak River, Mile 18 and Alaganik. CRWP Fish-Watch coordinator, **Becky Clausen** was our guest speaker at the June Environmental Committee meeting. **Jerry Patton**, **John Graham**, **Jessica Hopkins** and Seawan Gehlbach all attended a water quality training led by Becky in June.

Data is being collected at sixteen sites selected along the length of the Copper River and its tributaries. This baseline data on the water quality and use within the Copper River Watershed will be used to identify sites that would benefit from further research or restoration. All water quality samplers working out of Cordova will use equipment supplied by the NVE Environmental Dept. NVE has been researching and monitoring Eyak Lake and other water sources since 1998.

Locally, the human-use monitoring consists of weekend surveys of recreational users on the Delta road system and along the river corridor as an index. This project addresses the thought that the Copper River requires more monitoring for the incremental increase in human use rather than point-source pollution problems. Changes have already been noticed in the sport fisheries along the Gulkana and Klutina in response to closures on the Kenai River.

Information collected by FishWatch will be compiled into an annual report by the CRWP and technical reports by the Tribe.

If you are interested in participating in this monitoring program, contact Seawan Gehlbach or Kate Williams.

## Governor Knowles names local woman to State Human Rights Commission

(Alaska In The News, June 20, 2002) — Governor Tony Knowles announced yesterday the appointment of Arlene Buxton of Metlakatla and **Belen Cook** of Cordova to the State Commission for Human Rights. The Human Rights Commission hears human rights complaints and works to prevent and eliminate discrimination throughout Alaska.

"I am pleased to appoint Arlene Buxton and Belen Cook to serve on the Human Rights Commission," said Knowles. "I know they will continue the good work done by this commission to prevent discrimination and promote fairness and equality."

Cook has been active in Cordova for over thirty years in a variety of positions, including service to the boards of Sound Alternatives (a mental health and substance abuse recovery resource center) and the Chamber of Commerce. In the past few years, she has worked with the **Ilanka Health Center**, **Chugachmiut**, and the **Native Village of Eyak** in various capacities. Cook and her husband, Joe, are commercial gillnet fishermen.

"It has always been a priority in my life to treat others with honor and respect," Cook wrote in her application for the commission. "The organizations with which I have chosen to spend my time and energy have been those that placed the values of fairness and equal treatment of all populations above all else."

Cook and Buxton take the seats of departing commission members Roy Madsen and Aaron Isaacs. They are appointed to 5-year terms, but the next governor may replace them if he or she chooses, since they will not have the opportunity to be confirmed by the Legislature before the next governor takes office.



**Carroll & Mabel Kompkoff**

*We honor  
Our Elders*  
Celebrating 55  
years together

July 4, 2002



# Tom Madsen remembered for generous heart



The 'Aleutian Aviator' — Tom Madsen

Governor Tony Knowles signed into law a House bill naming the state airport in Unalaska in honor of veteran Alaska bush pilot **Charles "Tom" Madsen**. Madsen, the husband of Resource Development Council for Alaska Inc. Treasurer Stephanie Madsen, died in a plane crash in Juneau on April 10 when the Aleutian Spirit, his twin-engine Beech E-18S crashed shortly after take-off.

## NVE Tribal member recalls Madsen's generous heart

*Lennette Olsen-Ronnegard* relates that she worked with Tom and Stephanie Madsen in the 70s at Tom Parker's *Parkair* air taxi in Cordova. Tom is Stephanie's uncle.

"I rode on a chartered flight one time with Tom out to College Fjord to drop off a badly-needed lower unit to Mike Eleshansky. He was dead in the water without it. We landed and pulled up to where Mike had beached his cabin skiff. By this time the tide was coming in and Mike wasn't sure he could get the lower unit on before it came in and floated his skiff again. Tom said, 'Oh, sure we can.' Dressed in jeans and tennis shoes, he waded right into the water and gave Mike a hand while I tended the plane. By the time we left, Mike was up and running. Tom said there wasn't any point to sending out the lower unit on a chartered plane if Mike wasn't going to get back fishing again, so he stayed and made it happen.

Tom was practical and generous of heart. Fishermen could always count on him."



## Riley Meganack

Lifelong fisherman and Native leader Riley Meganack died on July 5, 2002 from complications of cancer. He passed away in his Port Graham home surrounded by many people who loved and respected him. He was 63.

Riley was born December 31, 1938 in Port Graham. He was the oldest son of Walter Sr. and Lubova Meganack. He will be remembered as a quiet man who taught and led by example.

Riley was a hard-working man who found time to fix furnaces, haul freight and serve on the Port Graham Village Council and the Port Graham Corporation Board of Directors. He was a devoted father and grandfather. Traditional Aleut values guided Riley throughout his life. He was best known for his generosity and helpfulness.

Riley is survived by his mother, Lubova; his wife, Stella; one son, Ryan; three daughters, Laura McMullen, Anna and Rita Meganack; four brothers, Ben Sr., Walter Jr., Harvey and Seraphim; seven sisters, Mary Malchoff, Jean Huntsman, Agnes Miller, Alice Anahonak, Francis Norman and Cheryl Griesner; six grandchildren and many nieces and nephews.

## Remembering Tom's 'fly-bys'

By *Glenora Allen-Zimmer*, NVE Assistant Administrator

"I remember when I was little and Tom would come over to Tatitlek and give all the kids airplane rides. We couldn't wait for him to come back. He would do fly-bys over the village to let us know he was there. When I was growing up there, there weren't that many kids, so everyone got to go at one time or another. I haven't seen Tom for twenty years or so, but I remember him very well in my mind. He was the coolest person in the world to us kids and I will remember it for the rest of my life."

## John Kristovich

1926 — 2002

John A. Kristovich passed away at home June 2, 2002 after a long bout with cancer. He was born August 3, 1926 in Maple Bay, B.C. He is survived by his wife of 51 years, former Cordovan **June (Parsons)**; daughters Niki A. Clarke, Diane Vincent, Lazonia M. Kristovich, Yolanda Dell and son John M. Kristovich; eight grandchildren; two great-grandchildren; six sisters; one brother and many nieces and nephews. John was an Alaskan commercial fisherman and he will be missed by all.

## Wildflowers bring color in and around Cordova



The **Single Delight** is found in the woods throughout most of Alaska except the North Slope and the Aleutian Chain. These were blooming in the shade at 6 1/2 mile next to the Eyak River. Very fragrant, they bloom in June and July. Other names for this delicate wildflower are Bethlehem Star and Shy Maiden.

What Cordovans call the '**Wild Alaganik Iris**' blooms in June and July, is **poisonous**, extremely allergenic and causes vomiting when eaten. Before flowering, it is commonly mistaken for the edible Cattail. It thrives in bogs, meadows and shores of lakes and streams throughout most of Alaska.



NVE Tribal member **Virginia Lacy** gets ready for an all-natural luncheon. The meal was created by those who attended a three-day workshop after learning how to use edible plants and flowers found in their "own back yard." The menu included goose tongue salad, wontons, salmon pad Thai and spring rolls topped with columbine, monkey flowers and fireweed.

## Unit 6C moose permit winners announced by Forest Service

Successful applicants of the 20 subsistence moose permits valid on the west side of the Copper River Delta were announced by the US Forest Service July 12. There were 681 applicants for this year's drawing.

Receiving bull permits were: *Alvin Fulton, Victor Jones, Stefanie Urton, Russell Allen, William Merritt, Peggy McDaniel, Duke Anderson, Cynthia Maxwell, Peter Blake, John Burch, Charlene Saunders, Jacqueline Rose, Ben Van Dyck, Patricia Gunderson and Violet Simpler.*

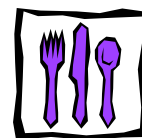
Cow permits were issued to: *Wade Schock, Frederick Newirth IV, Stella Janson, Michael Glasen and Billy Parker.*



## TWO LIPS!



**For oldies,  
a chance for  
goodies!**



**Who?** Any senior citizen over 60. **What?** Nutritious, delicious lunches. **When?** Monday-Friday, 12:00 PM. **Where?** Cordova Community Medical Center (downstairs cafeteria). **HOW MUCH?** \$2.00 donation, but if you don't have it, come on in anyway! **Why?** For nutritional meals & socializing. **Menus** posted on TV scanner. Want a **newsletter** for updates and a monthly menu sent to your home? Call Daisy Fetner at Senior



## Donations preserve history

## Historical and cultural artifacts sought for museum collection

By **LaRue Barnes**, NVE Cultural Coordinator. Reach LaRue at (907) 424-7738 or by e-mail at: [lbarnes@tribalnet.org](mailto:lbarnes@tribalnet.org)



*This hand-beaded bracelet made of red, sand-blasted rose, pink, green, yellow and blue beads was made by an Alaskan Native living in Cordova in the early 1930s at the Government School which was located in the present MacLaughlin Trailer Court. The bracelet was donated for permanent preservation.*

The Native Village of Eyak Museum is looking to expand the cultural scope of its collections. We are asking community residents who may have culturally valuable artifacts in their possession to donate or loan them to the museum for permanent display.

### Recent Donations

**Martin "Skookie" Parsons** has donated the first (1963) Miss Cordova and Iceworm Queen Trophy. His wife was **Roberta Gordaoff**, an Alaska Native whose family has been very active in Native politics in the region. She was the first Miss Cordova and Iceworm Queen. Roberta was also instrumental in the organization of the first Native Potlatches of Cordova.

**Gail Steen** donated two items of historical significance for the museum collection. They are a hand-beaded bracelet and a leather-beaded bookmark, both made by Alaska Natives living in Cordova in the Government School in the early 1930s. The bracelet and bookmark were sold for fifty cents each (a large sum at that time) in her dad's store, Ben Osborne Jewelers in Cordova.

There were two Government Schools in Cordova. The one where these artifacts were made was later turned into the Lutheran Home, which if it were still in existence today would be located at the Church of God of Prophecy in MacLaughlin Trailer Court. The second school was where the present ball park is now.

### Importance of artifacts

Tied to each artifact is a treasure of great significance that makes history alive to people who live and work in the Prince William Sound region today. NVE Museum is looking for any artifacts, Native art, photos, documents, audio recordings of Alutiiq or Eyak languages, books, journals, reprints, or manuscripts about the Native peoples of Alaska, with a specific focus on the Native Village of Eyak culture.

If you're interested in making a donation or loan of any of the above items you might have in your possession, please contact LaRue Barnes at the NVE office number listed above. By doing so, you can have a part in keeping history alive.



*NVE Museum will preserve the 1963 Miss Cordova & Iceworm Queen trophy that belonged to now deceased Roberta Gordaoff.*

## Environmental Updates...

New environmental staff added to NVE



**Jessica Hopkins** joined the NVE staff in June as the new Environmental Specialist. She is working with our Environmental Planner, Seawan Gehlbach, to identify environmental issues that affect our Tribe. She

then attends various meetings with the City Council, the City Commission, and government agencies and organizations where the issues are discussed. Jessica helps to prepare for and attend NVE Environmental Committee meetings. Her job also requires that she researches requirements and protocol for formal agreements, such as a Memorandum of Understanding and Tribal Ordinances. She is the daughter of Tribal member Jack Hopkins and has lived in Cordova most her life. Jessica said she is very happy to be working with everyone at NVE and looks forward to helping out wherever she can.



**Iris O'Brien**, newly graduated from Oregon State University has returned to Cordova for another season on the Copper River to work on the Chinook Escapement Monitoring Program.

Iris works with both biologists and technicians lending her expertise in natural resources, wildlife and fisheries sciences. After the field season, and pending funding confirmation, she will take the position of Environmental Resource Coordinator, and will be organizing a state-wide conference hosted by NVE in Cordova in October. Tribal integrated resource management planning will be the focus.

Iris is happy to be back working for the Native Village of Eyak.



## Job Opportunity: Social Scientist

**The Native Village of Eyak** is recruiting for a Social Scientist (Anthropologist or closely related field) under the Partners for Fisheries Monitoring Program. This project will help insure continued subsistence use opportunities for rural Alaska residents within Federal Conservation Units as mandated by ANILCA.

The person in this position will work towards developing the abilities of rural residents and organizations to effectively participate in the Federal subsistence fishery management process. The Social Scientist will identify important issues and information needs, design studies, write proposals, gather and analyze information and communicate study results. The Social Scientist will also mentor a Summer Student Intern and help recruit local residents for seasonal positions.

This project is part of a cooperative agreement between the Native Village of Eyak and the U.S. Fish and Wildlife Service as part of the Office of Subsistence Management's Fisheries Resource Monitoring Program. This position serves the entire Southcentral Region (Prince William Sound, Copper River, Gulf of Alaska and Cook Inlet). The position will be based in Cordova, Alaska within the offices of the Native Village of Eyak.

**MINIMUM REQUIREMENTS:** Bachelor's Degree in anthropology or closely related field (such as sociology, geography, or economics) and a minimum of one year of experience. Experience in Alaska Native and rural subsistence issues required.

**SALARY DOE. SUBMIT COVER LETTER AND RESUME OR CURRICULUM VITAE (CV) BY JULY 22, 2002. POSITION OPEN UNTIL FILLED.**

For a detailed description of duties or other questions, please contact: *Kate Williams*, Director of Environmental and Natural Resource Programs, Native Village of Eyak, P.O.Box1388, Cordova, Alaska 99574. Telephone (907) 424-7738, FAX (907) 424-7739, or e-mail: [kwilliams@tribalnet.org](mailto:kwilliams@tribalnet.org)

## Announcement: PUBLIC MEETING

*Renewal of the Federal Grant of Right-of-Way  
for the Trans-Alaska Pipeline System*

**July 26 (Friday) 7:00 PM, Cordova Moose Lodge**

Contact **Kate Williams**, Director of NVE Environmental & Natural Resource Programs, at (907) 424-7738, or e-mail: [kwilliams@tribalnet.org](mailto:kwilliams@tribalnet.org), with any questions regarding NVE's involvement in the Pipeline Renewal process. You can also contact Tribal Council members to discuss concerns.

## NVE user-friendly website offers updated information

<http://www.nativevillageofeyak.org>

Tribal member **Eddie Olsen**, who recently graduated from Cordova High School, is working as the Summer Engineer Intern for NVE. Eddie has been updating NVE's world-wide-website. If you have access to a computer, we encourage you to access the site and take a look at what has been updated. New information includes History of NVE, History of Cordova, Sobriety Celebration, Elders' Tea Photo Gallery and various links.



*Time is of essence...*

## Survey will result in improvement of homes

**By Teri Melugin, NVE Housing Coordinator.** Reach Teri at (907) 424-7738, or e-mail: [tmelugin@tribalnet.org](mailto:tmelugin@tribalnet.org).

Housing surveys were sent out to all NVE Tribal members in May for the purpose of gathering information in order to seek funding for NVE Tribal member housing needs.

Many Tribal members have objected to being asked information about their income, however, members' names do not appear on the survey anywhere. All information is kept confidential. The compiled information of all members as a Tribe supply necessary information when NVE applies for various grants for improving members' homes.

Out of 168 surveys that were sent out, 41 have been returned. A second mailing was sent out in June and a third will be sent out in July. **Thank you for returning your surveys.**

### *The Native Village of Eyak Tribal Council...*

President Robert Henrichs  
Vice-President John Mark Hoover  
Secretary/Treasurer Mark King  
Council Member Mike Webber  
Council Member Glenn Ujioka

*...working together to oversee our tribal unity,  
subsistence, employment, health-care  
and cultural pride.*

### *Native Village of Eyak Staff*

Bruce Cain, Executive Director  
Glenora Zimmer, Administrative Assistant  
Sally Sanculi, Receptionist/Office Assistant  
Florissa Espejo, Accountant

Larry White, Comptroller  
Myra Allen, CHR/CHC  
Monika Hopkins, Youth CHR  
Wendie Smith, ICWA Coordinator  
LaRue Barnes, Cultural Coordinator  
Mary Babic, Cultural Coordinator  
Toni Godes, Community Planner  
Teri Melugin, Housing Coordinator  
Joe Cook, Maintenance  
Marilyn Eaton, Ilanka Physician's Assistant  
Sue Christiansen, Ilanka Physician's Assistant  
Jane Jensen, Ilanka RN  
Cindy Graham, Ilanka Office Manager  
Carolyn Dotson, Ilanka Receptionist  
Robert Graham, Jr., Ilanka Housekeeping  
Kate Williams, Environmental Programs  
Seawan Gehlbach, Environmental Planner  
Jessica Hopkins, Environmental Specialist  
Michael Lambert, Tribal Biologist  
Altana Olsen, Environmental Education  
Christine Ruks, Housekeeping  
Nils Olson, Newsletter

**The Eyak Echo** seeks to inform, educate and build knowledge about The Native Village of Eyak. Article submissions and letters, may be sent to: P.O. Box 1388, Cordova, Alaska 99574 / Tel (907) 424-7738



Steve Donaldson, Robert Trembly, July 1  
Dane Meyer, July 2  
Jeremy Graham, July 5  
Seana Barnes, July 6  
Joshua Graham, Arlene Olsen, July 8  
Andrew Werner, July 8  
Matthew Babic, Rena Belgarde, July 9  
Teresa Chappel, Stephanie Hager, July 9  
Brian Johannassen, July 10  
Jane Allen, July 11  
Brian Zacher, July 12  
Robert Andersen, July 13  
Kendra Barnes, July 15  
Sue Johannassen, July 16  
Frances "Nena" Totemoff, July 17  
Christina Lettich, July 18  
Brittany Raney, July 19  
Cecily Hottinger, July 21  
Ben Babic, Joyce Kuder, July 22  
Jenna Burch, William Hansen, July 25  
Casey Kramer, July 25  
Victor Hottinger, July 27

## HAPPY BIRTHDAY TO YOU!

*"Beloved, I wish above all things that you may prosper and be in health, even as your soul prospers." 1 John 2*